

MENU CYCLE WEEK ONE

19TH APRIL-23RD
APRIL
10TH MAY-14TH MAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken curry	Big breakfast	Beef & Yorkshire pudding	Beef bolognaise	Battered fish
VEGETARIAN	Quorn curry	Quorn sausages	Quorn fillet	Quorn bolognaise	Cheese & tomato pizza
STARCHY FOOD	Whole grain rice & Naan bread	Hash brown	Roast potato's	spagetti	Chips
VEGETABLES	Broccoli & sweetcorn	Beans	Cauliflower & green beans	Sweetcorn & carrot	Spaghetti hoops & mushy peas
CARBS	Jacket potatoes served daily	Jacket potatoes served daily	Jacket potatoes served daily	Jacket potatoes served daily	Jacket potatoes served daily
DESSERTS	Apple & cinnamon sponge	Strawberry mousse	Chocolate & banana sponge	strawberry meringues	Brownie

Food Allergies and Intolerance

If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.



MENU CYCLE WEEK TWO

26th April-30th April
17th May-21st May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken & sweetcorn pasta bake	Cottage pie	chicken and stuffing	Beef meatballs	Fish
VEGETARIAN	Mac n cheese	Quorn pie	Cheese and potato pie	Quorn balls	Cheese and tomato pizza
STARCHY FOOD	Garlic bread	Diced potatoes	Roast potatoes	Spaghetti	Chips
VEGETABLES	Peas and cauliflower	Broccoli & carrots	Savoy cabbage & cauliflower	Green beans & sweetcorn	Beans and peas
CARBS	Jacket potatoes served daily	Jacket potatoes served daily	Jacket potatoes served daily	Jacket potatoes served daily	Jacket potatoes served daily
DESSERTS	Banana mousse	Marble cake	Chocolate & apricot shortbread	Strawberry sponge	Rice Krispy cake



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MENU CYCLE WEEK THREE

3RD MAY - 7TH MAY
24TH MAY - 28TH MAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Italian chicken	Beef lasagne	Gammon pineapple	Beef chilli	Battered fish
VEGETARIAN	Quorn Italian stew	Vegetable lasagne	Roasted vegetable parcel	Quorn chilli	Cheese and Tomato pizza
STARCHY FOOD	Cous-cous	Garlic bread	Creamy mash	Whole meal rice tortilla chips	Chips
VEGETABLES	Broccoli & sweetcorn	Carrots & roasted root veg	Sweetcorn & peas	Carrots and green beans	Beans and peas
CARBS	Jacket potatoes served daily	Jacket potatoes served daily	Jacket potatoes served daily	Jacket potatoes served daily	Jacket potatoes served daily
DESSERTS	Ice cream	Chocolate & orange brownies	Carrot cake	Apple flapjack	Chocolate crunch



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